

SENIOR ACTION MEETING MINUTES FOR December 1st, 2025

In attendance: Co-Chairs Hon. Walter T. Alexander and Hon. Vanessa J. Caughman, Hon. Pat Caldwell, Hon. Lydia Gerson, Hon. Francina Wearing, Hon. Teresa Cole-Reagan, Richard Allman, Site Director - Dev. Coord., ARC Seniors; Tony Gonzales, Arts & Minds; Via Zoom: Hon. Pat Watler-Johnson, Excused: Hon. Liz Eastman

I-Call to Order -11:14am

II-Discussion

Dances for a Variable Population

- Naomi Goldberg Haas and staff members of Dances for a Variable Population led an engaging, interactive, and performative session of dance movements used to engage seniors of various levels of abilities.
- They agreed to present at the 2026 Senior Action Resource Fair.

Richard Ullman – Jackie Robinson Senior Center Discussed

- They are now serving breakfast and lunch.
- Their offering of ten classes a week
- Concert and presentation on December 12th, 2025
- Christmas dinner on December 19th, 2025
- Availability to visit/present with at least a month's advance notice.

New Business

SAC members discussed individual members to reach out to local precincts, DA's office to attend/present at future SAC meetings. Members also volunteered to research/reach out to various agencies/entities to discuss presenting on access-a-ride, fire safety, and Medicare.

III-Meeting adjourned at 12:17pm. Next meeting will be Tuesday, January 6th, 2025.