CB 9 HEALTH MEETING JFEB 2020

Date: Monday FEB 3

Location: 18 Old Broadway meeting starts: 6:45pm

Present: Miriam, Edwin, Heather, Laquita, Adam

excused: Monica, Narda, Jenny asked to be excused at 6:48pm

Quorum:6:40pm

Adam second agenda adopted

- 1. moving forward Ray to send minutes with agenda for digital review at meetings going forward.(save paper)
- 2. Discussion on CORONA Virus/masks/who is vulnerable.
- 3. presentation: MARCIA JACKSON, AHEC,

Exists i 15 years ,Area Health center, BG 9 centers AHEX, in NY state differentiated by Borough, Manatttan StatenIsland BR/QN , Brx Westchester purpose address increasing healthcare workforce in rural areas , increased diversity in health care workforce. programs HS/College community engagement summer health intern program July-Aug exploratory program, places in area hospitals at Harlem and Columbia 3 days a week in clinical . Currenty recruiting, a lot of orgs do not know they exists, go into schools mainly to get to students if they have thought about health care career or worker. high % of students go to college and then they help place them in organizations, goal work with community based orgs—they can get clinical in med school but can get experience with the community to give a better picture of community needs 4 days a week at a CBO and 2 day a week high-level discussion.

Hours 8:30-3pm for interns. Thursday 4pm.

Have a program for post Bac grads

mention mentoring in medicine

very committed to increasing diversity

6 grads at Sophie medical, on committee working for Mt Sinai- looking for student athletes cultural competency

understand business and clinical

Now in planning stage working with several hospitals having health expo with focus on black males, in April brainstorming its

March 28 recruiting dealing for application, recco receive 250+ apps. about 50 applicant looking for students who are v & C with an interest, main point short essay take a look at their community see a health issue write about it and what they could make it better.

shortage of nurses in news noted good timing for this program

Work with Heline Fold college of nursing in Harlem, 90% nurse are of color

See leaflet for program opportunities

funded mostly by NYstate & private funding & collaborations

Opioid program expansion- 3 prong approach college and HS students: learn awareness of dangers, go to HS and colleges and explain. Bring drug specialist. Tyeisha- goes into the schools did forum at Columbia and symposium. during April 1-7 with Laguardia 60+ students, Black Health Matter @RS church in March LES harm reduction center, Harlem United

Will train anyone willing to train in Narcan training. goal Narcan training end education how opioids /drugs affects the body. Alof of legal sources of cancer centers have a large proportion of cancer patients addicted, want families to understand and ask students to take it to the community to educate and train

- Discrimination with pain meds has helped African American Communities, but fentanyl in college community devastating

Narcan is a nasal spray, block opiod receptor

Want to train community orgs, work with students, seniors, provide kits

*** Joint forum with CB board forum, possibly board members, 45 minutes-1 hour a class train on Narcan use-

Q/feedback from attendee: research how affected our community affected by opiod crisis, what is their perspective, what are we facing, since you are SI and Manhattan

Per AHDEC: Staten Island is devastated, what they are seeing in Manhattan is a generational more heroin, cocaine or self medicating, cannabis all drugs but more of mental health issues in our community. mental health and drugs connected in our community

Staten Island very intense opioid addiction epidemic, AHDEC concentrates its efforts on youth to avoid problem that is currently in St. provide them with tools to talk about it, understand addiction and discuss it

Talking about NY state legalizing MJ what is the discussions round MJ, if they pursue a medical career.

Harlem and Staten Island complete opposite ends of spectrum in terms of opioids.

AHDEC needs to do networking, needs word out on their program.: follow up do a training for CB & Community

- 4. Agenda item #1 discussion, background that our community does not need services + Old Business: Argus
- committee agrees re-invite Argus: ask for community based health assessment,
- St Mary's agrees re-invite Argus

Mark Levine+ Al Taylor support piggyback data, need to discuss with them, educate them on what the science says location of treatment, transportation costs included

we need state from Argus that proves this. The data we have gathered so far 9 NYPD, DOH, Hospitals no problem in our community

We should take an action: letter?

More resources on SI vs Harlem/Manhattan

Find a way to find . focus in what community needs most.

Q/feedback from attendee: as a parent of a community member wants \$ going into prevention, for our youth, nothing in between out youth and a horrible crisis, build capacity and awareness on drugs and adjustment issues in society— if its opioid treatment should come through the community, not take on another community's problem . as a parent do not want that influence will come in, drug use and sellers will come into the community folks spill out to the street . issues with eastside— as a parent don't mind issue of giving treatment but must not be a burden on us

- -CB advocates for community, users, or residents. Harlem residents are not saying NO, assessing a community need for CB9, we need to do community assessment on what real need is not based on a NPO profit formula- regardless of our elected We have to side and recco for our community, we want to succeed we serve and those that need treatment get what is needed.
- Adam money earmarked already going to Narcan ed, make greatest effort to get politicians behind us, form dialogue with these orgs

Edwin: Data so far not showing us a crisis,

Heather CB10 opiod deserts 2nd floor state office building 6P.M.

Discussion history of board contentious with certain facilities.

Monday, February 3, 2020

Q/feedback from attendee: mental health always have to leave for this, go to places for kids that they don't belong, think about patient first: we need mental health services support

- Action: Invite Argus & At Mary's have questions be prepared
- 5. Vape Forum: presentation

Need budget approval to finalize date with Hamilton grange MS and DOH

Adam to work with CM Levine, MBP, Al Taylor

Miriam to share tentative dates given by HG MS

Evening 6-8pm,

Laquita: Columbia contact -

Reach out all the schools & partner with Youth & Ed_____

April 4 teachers college ignore that date/ reach out after April 4

Closing/New business/Old Business:

- -Good to do empowering schools with issues, having events at schools do more events schools
- : Allesandro lisari willing to partner with us Community School of Health

Q/feedback from attendee: be prepared in an emergency not like typical, how are we going to build capacity, preparing for an emergency extend and wait .strategy build capacity and awareness

- cannabis legalization forum hold for vape forum. Cannabis being used ALOT in our community, main drug of choice, we want it passed equitably but more importantly, regulated.. ALOT More education needed to change our mentality. NY state most people in prison. MJ black market strong. CriminalizinG MJ has not worked A lot of benefits with tax dollars—education.
- Committee attend 2/24 hearing for Budget items released on Mayors budget , see email from Eutha
- meeting adjourned: 8:50 pm