



THE CITY OF NEW YORK
COMMUNITY BOARD 9
MANHATTAN

Morningside Heights
Manhattanville
Hamilton Heights
Sugar Hill

May 26, 2026

Hon. Kathy Hochul

Governor of New York State
NYS State Capitol Building
Albany, NY 12224

Hon. Zohran Mamdani

Mayor
City Hall
New York, N.Y. 10007

Hon. Carl Heastie

Speaker of the Assembly
New York State Assembly
LOB 932
Albany, NY 12247

Hon. Andrea Stewart-Cousins

Temporary President and Majority Leader
New York State Senate
188 State Street, Room 907
Legislative Office Building
Albany, NY 12248

Hon. Julie Menin

Speaker
New York City Council
City Hall
New York, NY 10007

Hon. Shirley Aldebol

Chair of NYC Council Committee on Civil
Service and Labor
New York City Council
New York, NY 10007

Dear Governor Hochul, Mayor Mamdani, Speaker Heastie, Speaker Menin, Speaker Stewart-Cousins, and Council Member Aldebol,

At its regularly scheduled **General Board Meeting held on Thursday, May 21, 2026, Manhattan Community Board No. 9** passed the following **Resolution re: Int. 0303-2026, the "No More 24" Act, by unanimous consent, with 27 members present:**

WHEREAS, New York State employs more than 210,000 home care workers (the single largest occupational group in New York City), who provide essential daily support to elderly individuals and people living with chronic health conditions or disabilities, enabling them to remain in their homes and communities with dignity;

WHEREAS, home care workers are predominantly women of color and immigrants who perform some of the most demanding and consequential labor in our society, and whose wellbeing is inseparable from the quality of care they are able to provide to their patients;

WHEREAS, under current New York State law, it is legal for home care agencies to assign workers to 24-hour shifts, compensating them for only 13 of those 24 hours, withholding pay for 8 hours designated as sleep time and 3 hours designated for meals even when workers cannot realistically take uninterrupted rest or meals due to patient needs;

WHEREAS, workers have testified that they are routinely pressured by employers not to take breaks, that patients' needs frequently interrupt sleep, and that the conditions of 24-hour shifts have caused chronic insomnia, weight loss, physical injury, and lasting harm to their health;

WHEREAS, scientific evidence demonstrates that prolonged wakefulness of 17 or more hours significantly impairs hand-eye coordination, decision-making, and memory, equivalent to a BAC of 0.05% at 17 hours or 0.10% at 24 hours, creating serious risks of injury not only to workers but to the patients in their care;

WHEREAS, high turnover, burnout, and occupational illness among home care workers caused by 24-hour shifts threaten the continuity and quality of care for New York's most vulnerable residents, including those who depend on around-the-clock assistance;

WHEREAS, Int. 0303-2026, the "No More 24" Act — introduced in the New York City Council by Councilmember Christopher Marte — would prohibit home care employers from scheduling any employee for a shift longer than 12 hours, for consecutive 12-hour shifts, for shifts totaling more than 12 hours in any 24-hour period, or from assigning more than 56 hours per week to a home care employee, unless such employee consents to excess hours in writing. Employees would have the right to revoke their consent to work in excess of 56 hours per week.

WHEREAS, a companion bill, A3145A/S359A of 2021-2022, was previously introduced in the New York State Assembly, reflecting the urgency of this issue at the state level and the need for comprehensive protections for homecare workers across New York;

WHEREAS, the No More 24 Act would additionally empower the Department of Consumer and Worker Protection to investigate violations and impose penalties on employers who disregard workers' rights, providing meaningful enforcement mechanisms;

WHEREAS, home care workers, organizing with the Chinese Staff and Workers' Association, the Ain't I A Woman? (AIWA) Campaign, and allied organizations, have engaged in sustained protest at City Hall, including hunger strikes and sit-ins, to demand the passage of this legislation, demonstrating extraordinary determination and courage in the face of an intolerable status quo;

WHEREAS, the demand to end 24-hour shifts is not new: legislation has been introduced in various forms since 2020, and workers have waited long enough for the basic protection of a humane workday; and

WHEREAS, the moral imperative to protect the health, dignity, and economic security of home care workers is clear, urgent, and long overdue;

THEREFORE BE IT RESOLVED, that Community Board 9 expresses its full and unequivocal support for Int. 0303-2026, the "No More 24" Act, and urges the New York City Council to bring the bill to an immediate vote and pass it without delay;

BE IT ALSO RESOLVED, that this body calls upon the Mayor of New York City to champion and sign the No More 24 Act into law, fulfilling commitments made to home care workers and honoring the dignity of their labor;

BE IT ALSO RESOLVED, that this body urges the Governor of New York State and the New York State Assembly and Senate, to support state-level legislation to abolish 24-hour shifts for homecare workers statewide, ensuring that all workers — regardless of which borough or county they labor in — receive the same baseline protections;

BE IT ALSO RESOLVED, that this body calls upon all home care agencies and employers to immediately cease scheduling workers for 24-hour shifts and to begin making workers whole for stolen wages, in advance of and in anticipation of the law's passage;

BE IT ALSO RESOLVED, that this body stands in solidarity with the homecare workers who have risked their health through hunger strikes and endured bitter weather in sit-ins to demand justice, and commends their courage, perseverance, and moral clarity in fighting for a humane workday; and

FINALLY, BE IT RESOLVED, that a copy of this resolution shall be transmitted to the Speaker of the New York City Council, the Mayor of New York City, the Governor of New York State, the members of the New York City Council's Committee on Civil Service and Labor, and the City Councilmembers and state legislators representing this Community Board district.

If any further information is needed, please do not hesitate to contact me, or our District Manager Eutha Prince at the board office (646) 355-3172.

Sincerely,

A handwritten signature in cursive script, appearing to read "Victor Edwards".

Victor Edwards
Chair

cc: Hon. Anthony Delgado, Lt. Governor
Hon. Letitia James, Attorney General
Hon. Mark Levine, NYC Comptroller
Hon. Brad Hoylman-Sigal, Manhattan Borough President
Hon. Cordell Cleare, New York State Senate
Hon. Chuck Schumer, New York State Senate
Hon. Adriano Espaillat, Congressman
Hon. Micah Lasher, Assembly Member
Hon. Al Taylor, Assembly Member
Hon. Shaun Abreu, City Council Member
Hon. Yusef Salaam, City Council Member
Zead Ramadan, Executive Director, WHDC