



# Manhattan Community Board 9

Serving Hamilton Heights, Manhattanville and Morningside Heights

Senior Issues Committee Meeting

Minutes

Tuesday, May 1<sup>st</sup>, 2018

Meeting called to order at 11:40 AM

## Presentations:

Mr. Edward Powell on Emergency Preparedness

Coordinates Agencies during emergencies.

Powell talks to communities before emergencies to inform them on how to talk to family, friends and the community at large and be prepared in the event of an emergency.

Hands out materials (see attached for more details).

Have a plan

Have a go bag

Find the resources in the community

Plan

Emergency Support Network

Family, friends, coworkers who are trustworthy

Some are close-by, some are out of state – good for long distance phone calls or a safe place to go away from the emergency

Note book – record contact info/network

Health info – blood type, eyeglass prescription, etc.

Home –

1 gallon of water per person per day

canned food and manual opener

Go Bag

Water, food, batteries, flashlight, cash, medicine – update all periodically

Columbia Wellness Center presents: Noemy and Cindy, R.N.

(See Powerpoint Attached)

Talked about classes, free care, upcoming workshops.

DFTA presents: Ms. Verna Arthur

May 7<sup>th</sup> – 2 month caregiver respite ad campaign on buses, subway etc. Funding for DFTA to provide more services through 10 caregiver programs.

A poem is recited in memory of the passing of Ms. Alexander

Ms. Saxon from Social Security presents:

How to replace Soc. Sec. Card –

Specialized Card Center is only way unless you have a “MySoicalSecurity” account.

1 feature of account: allows you the opportunity to replace S.S. card on line. Closest office is 123 Williams Street – Downtown.

No new business or old business.

Meeting adjourns at ca. 1:00 pm.