

Community Board 9 Manhattan Health and Environment Committee Meeting

October 1, 2018 6:30pm

18 Old Broadway

ATTENDEES

Monica Dula

Arnold Boatner

LaQuita Henry

Miriam Aristy-Farer

Victor Edwards

Shakiba Muhammadi(Speaker)

Reina Patel

Patrick Aldn

Andrea Duran

Speaker:

Program Manager for Mount Sinai Mobile Mammography Van

Presentation:

They have a new van that started working all boroughs as of 10/12/2018. The services are free to those who cannot afford the exam. They have a culturally sensitive staff and they can travel to all boroughs. They are seeking to partner with community groups to reach as many people as possible. This is Cuomo's Initiative-NO EXCUSES GET SCREENED.

They are one of 6 vans state wide. 4 vans are in NYC. They provide state of the art 3 D mammography which reduces call back 40 %.They have follow up services for those who get tested.They test women and men. But men will be referred to fixed locations. The guidelines are 40 and over. High risked people can be tested at fixed locations. Everyone will receive care through CSP(Cancer Services Program).

They have a patient navigator who will assist each patient receiving an award. They have appointments starting in December because they are booked. No Mondays and they will book

appointments after 4pm. Once the organizations reach 25, they can't book anymore appointments. They want to work with all of the organizations in our community. In order to host the van, the organization would have to promote and provide a spot to park the van.

Meeting closes at 8:10pm.

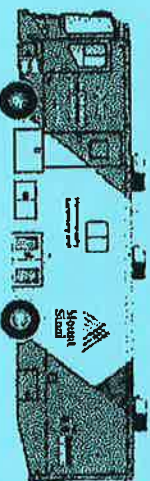
## Early Detection Saves Lives

- ▶ 99 percent of women diagnosed with breast cancer at stage 0 and 1 will survive and thrive.
- ▶ 85 percent of women with stage 2 and 3 breast cancer are just as likely as someone without breast cancer to live five more years.
- ▶ More than 60 percent of people diagnosed with breast cancer live for 10 years or longer.
- ▶ Regular mammograms reduce the rate of breast cancer death by up to 23 percent in women ages 40-49.



**Mount  
Sinai**

For more information or to track the location of the mobile mammography van, please visit [MountSinai.org/MobileMammography](http://MountSinai.org/MobileMammography)



Call for an appointment:

**844-EZMAMMO (844-396-2666)**

Email us at:

[MobileMammo@mountsinai.org](mailto:MobileMammo@mountsinai.org)

## Mount Sinai Mobile Mammography Program

Early Detection Saves Lives



**Mount  
Sinai**

This program is made possible with funds from Health Research, Inc. (HRI) and the State of New York. The views expressed in this brochure do not necessarily reflect the official policies of HRI, the New York State Department of Health, or the State of New York.

## Eligibility Requirements

- ▶ **Woman over 40**
- ▶ **Have not had a mammogram in the past year**
- ▶ **Have no signs or symptoms of breast disease**

## Screening Mammography Usually

### Has No Cost to Patients If They...

**Have health insurance.** The cost of annual mammograms starting at age 40 is usually covered by insurance with no out-of-pocket cost (no deductibles, co-pays or co-insurance). Health insurance companies will be billed for the services.

### Do not have health insurance and are eligible for the New York State Cancer Services

**Program (CSP).** You must live in New York State and meet income and age eligibility criteria. CSP coverage excludes individuals with breast implants and those who have had a mastectomy; if this is relevant to you, we will help you schedule an appointment at another facility.  
[health.ny.gov/diseases/cancer/services/](http://health.ny.gov/diseases/cancer/services/)

## Breast Cancer Facts

- ▶ One in eight women will be diagnosed with breast cancer in their lifetime.
- ▶ One in six breast cancers occur in women aged 40-49.
- ▶ Being a woman and getting older are the most important risk factors for breast cancer, regardless of family history.

## Educational Events

We offer educational events to promote breast cancer awareness and to engage individuals in early detection services. Programs are available in multiple languages. For a full list of programs call **844-396-2666** or visit our website at

[MountSinai.Org/MobileMammography](http://MountSinai.Org/MobileMammography)

## Screening Events

### Tomosynthesis: Superior Detection

We use tomosynthesis, also known as 3D mammography or "genius mammography," in which a computer produces images of your breast tissue in very thin, one-millimeter layers. Instead of viewing one flat image, this kind of mammography allows your breast radiologist to examine multiple images of your breast tissue. Fine details are more clearly visible. Obtaining more accurate, clearer images improves cancer detection.

## Making Your Appointment

You can make an appointment by calling **844-EZMAMMO (844-396-2666)**.

## On the Day of Your Appointment

- ▶ Do not use deodorant, lotions, powder, or perfume.
- ▶ Think about your family medical history and your breast history. We will ask you questions about these subjects.
- ▶ Bring images from prior mammograms.
- ▶ Bring your insurance card if applicable.
- ▶ Bring picture ID.
- ▶ Please arrive 30 minutes prior to your scheduled time.

## After Your Mammogram

- ▶ Your mammogram will be read by one of Mount Sinai's dedicated breast imaging radiologists.
- ▶ You will get a phone call or letter with your results.
- ▶ A screening mammogram can detect both cancerous and noncancerous tumors, so more tests may be needed if any abnormality is detected. Do not be alarmed if you are told that additional testing is needed; most patients who are asked to undergo additional testing do not have breast cancer. If you need more testing, we will help arrange it.
- ▶ Call us at **844-EZMAMMO (844-396-2666)** if you have not received your results within a month.
- ▶ Your screening images will be stored and accessible to you for future reference at Mount Sinai Health System sites.