

Monday, April 1, 2019

HEALTH COMMITTEE APRIL

MINUTES

On time: Arnold, Miriam & Edwin__ Andrea, Cindy (Columbia Wellness)

Columbia Students BS MD: Michael, Jin, Jelissa, Chris— project surveying community health

Kristin- CUNY student public health/analysis

Columbia student Matt*

- No Quorum at 6:43
- Monica arrived at 6:57

Call to order 7:01

Adopt agenda: all in favor Miriam second

Adopt minutes motions Edwin, 2nd Arnold

- intros
- Q: resident since 1984 Ramon: What station with most pollution MTA in CB9? air quality
- Arnold observes 145st Broadway middle of station beneath grates on Broadway malls, very poor condition hazard, Miriam too
- Edwin gives background importance of public health
- Presence of SOPHIS/DAVIS health program BS/MD program. Prof. Victoria Frye (CEC 6 member) students. We would like to invite Prof. Frye to our meeting give the background of the class and how we better to engage students with our CB

Start meeting

- Discussed/reviewed letter to Sinai history on Serenity Committee, a suggestion to include Serenity send to Dan to review before, discussion to invite them back to our committee
- Observation noted they are also adding drug treatment facilities on East side

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- Cannabis Forum May 4, Chair gives a background, get the template from Eutha
 - Social media, black associations, list serve,
 - Arnold: Saw in the news CVS, Walgreens, invite them their intentions with selling CBD
 - Miriam explained THC/CBD info, legalities
 - Andrea: be mindful/cautious how we advertise the event, try to elevate break the stigma—be mindful of community
 - Health Fair for seniors planning: options, medicare Cindy knows someone— medicare, home health aid, SCIU 1199, Community health care workers, Collab with seniors committee—Miriam Reach out to Seniors committee.
 - An audience member tells us about the health bill
 - CUNY STUDENTS ARE SURVEYING COMMUNITY on health issues concerns can share with our committee. Andrea explains how we could work better with them. Perhaps next cohort coordinate with their professor: Dr. Victoria Frye
 - Chair requests for the committee to have Co-chair. Edwin asks Miriam, Arnold & Edwin yes, Monica abstains
 - New Business: report on health committee with top health concerns with CB9- look at public health department data, CUNY, We Act—Monica explains it exist online
 - Arnold: pull data from existing reports, via online 311/census tracks. Edwin after review summaries provide and get them more engaged.
 - April Alcohol awareness month, Autism awareness month
 - Invite DEP/transportation:
 - Edwin explain the importance of calling 311 for all incidents, essential for the report to be in place
 - SOPHIS MD health fair April/May— send us a flyer
- meeting adjourned 7:55 pm

CB9 HEALTH MEETING MINUTES

NO QUORUM AT 6:30 PRESENT, VICTOR, LAQUITA, EDWIN, MIRIAM
QUORUM (2 EXCUSED MEMBERS, MONICA & CAROLE) STARTED T 6:39 PM
NON-OFFICIAL

Jenny Arrives at 7:30 pm

- Noise concerns:

- Laquita motions to approve minutes from last week next week, Miriam 2nds

1. Noise concerns:

- Edwin starts with Noise pollution, Laquita taking lead background given
- Laquita gives background on a letter, research on Noise as a health concern (high blood pressure, deafness, stress sleep deprivation). Approach rather than only address Mt Sinai ambulance noise pass a resolution about other noise issues/noise as a pollutant in the community. Added whereas & various there as that might apply later on
- Edwin points out diabetes can also trigger by stress, medically proven in the literature
- Dan Cohen (cb9 member) speaks for Serenity committee (community members who have organized over noise): Ron Evert Scott, Liz Mellon, Susan Crawford, Sbz Khasor neighbors of Morningside gardens. Their issue is Mt Sinai noise some suggestions for on loud noise remediation for the restaurant as well as all noise issues
 - Adds Mount Sinai is a different large hospital, have come before with letter from
 - Mt Sinai to explain the noise issue challenge by community members and how they will address—has impacted many lives. Asking committee what to doers or letter
 - Laquita asks has Dan addressed with Mt Sinai, he is on board at Sinai and has gotten no feedback forming Serenity Committee hoping more action since they are large #'s he spoke with community affairs person Brad Korn in the past—excused himself for childcare reason
 - Susan explained Monica had suggested they bring a letter. Padmore sent it back to committee. Mentioned nighttime Mayor maybe that is a person who can address
 - Laquita asked what they want in regard to the sirens—go to broadband siren where driver controls. Mentioned an article person who chooses

sirens— have reccos on better sirens to use. Talk about FDNY stops & starts

- Susan states CM Helen Rosenthal asked them to adjust it as well, much louder since Sinai about St Luke's. Will forward an article. Talk about sirens. claim she has spoken to drivers they cannot control it, trucks must be retrofitted.
- Edwin would be interesting to compare sirens in different areas, more discussion on locations different hospitals 96th -125th or 155th. more community members chime in Sinai's sirens.
- Discussion on the committee to support letter. I explained we (Monica sent it back to Padmore) then Padmore sent it back, it's on committee. Discussion to
- Voted to support Serenity groups letter regarding ambulance noise
- Table Laquita's letter, follow up on it. Prioritize Serenity letter
- Serenity group offers to help with any noise complaints, Edwin mentions article /studies
- Columbia (from the last meeting) maybe connect them with the Columbia student

2. Role of technology:

- Group messaging even for guests

3. Cannabis forum

- Miriam gives background update on EBC, updates on Bill appeal to the community for help support
- Edwin mentions the goal of the forum to have conversations to address
- Victor mentions include entrepreneurship: come talk to speak, Edwin agrees and mentions the social justice
- Audience Comment: Sean from community introduces himself as an entrepreneur wants money to go to community not police-
- Audience Comment: expungement, include, arrests records that stop young folks from applying to schools and jobs, visiting members in NYCHA, need to make the community aware
- Invite Mark Levine, Brian Benjamin, Al Taylor, Robert Jackson, Church Leaders, Dr. Grace, and other community leaders
- Discussion on a date Saturday, April. Eutha Location: Columbia, Pentecostal church, St Mary's

4. Top health issues CB9

- Yearly report with communities' top health issues

- I mention how to overlap this with We acts priorities, Edwin points out the DOH extrapolates data,
- LEAD in the community

5. **Forum on Healthcare:** have providers for 65+ vendors in a church, best health plan since this changes annually. Hold during open enrollment period—partner with seniors committee. Look at senior centers if they have anything planned. Involve unions.

New Business

Budget- I explained the CB budget this past week, nothing added for Health

- Edwin explains rabies case in WAHI fort Tryon, rabid raccoon
- Edwin makes asks for co-chair, not enough members, wait till more members present to make ask
- Audience comment: A forum on Dyslexia a big problem in community—offers to help present does literacy work (Susan)
- March 15 national sleep day many special events in March, discussion on health, sleep, diabetes
- Audience Comment: Ron Scott entrepreneur “Potty all the time”.com on demand restroom.make aware on grassroots level. Compost rickshaw — wants to do this all over the city. Launched last year invited to next meeting
- meeting adjourned @ 7:43pm
- Student liaison contact: Matthew Chin, mattchin35@gmail.com, 917-830-6031
- student liaison from Columbia: Jackson Chen (jc4697@columbia.edu, 720-234-1186)
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Saturday: April 27 Forum tentative

location: Pentecostal Church, Manhattanville houses

Time: 12-3pm

Translations/bilingual

Press

Outreach: NYPD (sport on cannabis arrests in CB9), Columbia students, Psychologists, NYCHA, 3333 tenant associations

Flyer ready for Executive, (next week) without panelists TBD location present: We Act, NYPD, DA office (Jocelyn), Dr. Forde, Mark Levine, Harlem Biz Alliance, Women Grow, Church Leaders, include all faiths also Jewish(Q Eutha), Ask EBC pastor to speak Outline the issues (refer to toolkits for issues), DPA