

PREVENT THE SPREAD OF COVID-19 IN NYC!

TAKE THESE STEPS:



Stay home if you're sick

Only leave for essential medical care and testing or other essential errands.



Wear a face covering

You can be contagious without symptoms. Protect those around you by wearing a face covering.



Keep physical distance

Stay at least 6 feet away from other people.



Keep your hands clean

Wash your hands often with soap and water or use hand sanitizer if soap and water are not available.



There are free COVID-19 testing sites in all five boroughs.

To find a site, visit nyc.gov/covidtest, or text "COVID test" to 855-48.

For the latest information, visit nyc.gov/coronavirus.

